

**CARLINGFORD
ADVENTURE**
LAND SEA & SKY



SCHOOL PROGRAMMES

**CARLINGFORD ADVENTURE -
DELIVERING SCHOOL TOURS SINCE 1990.**



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**IMPROVE
CONFIDENCE**



ADVENT





ATURE

**LEARN
SKILLS**



**WITH OVER 30 YEARS OF
EXPERIENCE AND TONNES
OF **FEEDBACK FROM**
TEACHERS OVER THE YEARS,
WE HAVE DESIGNED THE
ULTIMATE EXPERIENCE FOR
YOU AND YOUR STUDENTS.**

OVER 90% OF OUR SCHOOLS RETURN EACH YEAR



SCHOOL PROGRAMMES DIVISION

PRIMARY SCHOOL

SECONDARY SCHOOL

PERSONAL & TEAM
DEVELOPMENT PROGRAMMES

GAISCE
THE PRESIDENT'S AWARD



USEFUL INFORMATION FOR TEACHERS



One Teacher FREE
with every 10 students



All bed linen is supplied.
NO need for sleeping bags.

** Offer applies to teachers only.*

ACTIVITY PREFERENCES:



Please let us know in advance, we will do our best to accommodate your preferred activities. Please bear in mind outdoor activities are influenced by weather / tides and may involve programme changes.

RESIDENTIAL STAYS:

24 Hour Supervision: Our fully qualified night warden is on duty throughout the night, providing peace of mind for teachers (and hopefully a full night's sleep)!

DAY TRIPS:

9:30am – 5:00pm includes a full action packed day with the choice of activities on Land, Sea or Sky. Hot Lunch is included. Get home faster - have dinner before you go.

DAY TRIPS WITH A LARGE GROUP:

We have found that keeping your students together creates a better school tour and gives your students a better overall experience. We can cater for groups of hundreds of students.

BOOK YOUR NEXT ADVENTURE TODAY!



RESIDENTIAL PROGRAMMES:

Carlingford Adventure Centre can accommodate over 200 young people on school tours, sleeping in en-suite and standard rooms from 6 to 12 bed dormitories. Our accommodation is on site and our residential packages include entertaining evening programmes so teachers can relax after a busy day. Our resident night warden is on duty overnight – offering 24 hour supervision for your group.

EASY FOR TEACHERS:

We make the job of organising your school trip EASY through our professionalism, organisation, experience and facilities that the Adventure Centre has to offer.

Everything that you need is included in the price – activities, accommodation, equipment and food. You can organise everything through us so it saves you dealing with multiple suppliers. Select from our exciting range of 9 different School Adventure Packages and ensure your students have the best school tour ever!



ACTIVITY BUNDLES

#1 TARGET SPORTS AND SUP



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

- Archery
- Axe Throwing
- Spear Throwing

HALF DAY ACTIVITY:

- Stand-Up Paddleboard

* These activities may be suitable for wheelchair users. Please contact us for more information.

#2 LASER COMBAT & KAYAKING



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

- Laser Combat

HALF DAY ACTIVITY:

- Kayaking

#3 ROCKCLIMBING & CANOEING



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

- Rockclimbing

HALF DAY ACTIVITY:

- Canoeing

* These activities may be suitable for wheelchair users. Please contact us for more information.

#4 SURVIVOR TEAMBUILDING



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

- Survival Challenges

HALF DAY ACTIVITY:

- Raftbuild Challenge

#5 GAISCE HILL WALKING



AGE RANGE: AGES 9+

ACTIVITIES:

- Gaisce Hill Walking

* These activities may be suitable for wheelchair users. Please contact us for more information.

#6 SKY MEGA DAY AERIAL COMBO



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

- Archery Combat
- Foot Golf
- Ireland's Ancient East Maze

HALF DAY ACTIVITY:

- Sky Aerial Course

#7 SKY JUNIOR AERIAL COMBO



AGE RANGE: AGES 4-12

ACTIVITIES:

- Sky Junior
- Mini Golf
- Croquet
- 3D Maze
- Bungee Trampoline
- Slide
- Spider Mountain
- Maze

#8 JUNIOR COMBO



AGE RANGE: AGES 4-12

ACTIVITIES:

- Quazer
- Spider
- Mountain
- Paddle Boat
- Campfire
- Maze
- Water Wars
- Foot Golf
- Train

#9 TEAM DEVELOPMENT HIGH ROPES



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

- Team Development High Rope

HALF DAY ACTIVITY:

- Crystal Maze

NOTE: Multi-day packages can take place from Monday to Wednesday or Wednesday to Friday.

Day Visits 9.30am – 5.00pm - includes a full action packed day with the choice of activities on Land, Sea OR Sky.

WINTER ACTIVITY BUNDLES

#1 LASER COMBAT & ARCHERY COMBAT



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

Laser Combat

HALF DAY ACTIVITY:

Archery Combat / Footgolf / Maze

* These activities may be suitable for wheelchair users. Please contact us for more information.

#2 ROCK CLIMBING & AEROBALL COMBO



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

Rock Climbing

HALF DAY ACTIVITY:

Aeroball / Frisbee / Disc Golf / Maze / Blindfold Obstacle Course

#3 SURVIVOR TEAMBUILDING



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

The Survivor Challenge

HALF DAY ACTIVITY:

Crystal Maze

* These activities may be suitable for wheelchair users. Please contact us for more information.

#4 GAISCE NON-RESIDENTIAL



AGE RANGE: AGES 9+

ACTIVITY:

- Gaisce Hill Walking

#5 SKY MEGA AERIAL & TARGET SPORTS



AGE RANGE: AGES 9+

HALF DAY ACTIVITY:

Sky Aerial

HALF DAY ACTIVITY:

Target sports
• Archery / Axe Throwing / Spear Throwing

#6 SKY JUNIOR AERIAL COMBO



AGE RANGE: AGES 4-12

HALF DAY ACTIVITY:

Sky Junior

HALF DAY ACTIVITY:

• 3D Maze & Croquet
• Bungee Trampoline / Quazer / Maze

* These activities may be suitable for wheelchair users. Please contact us for more information.

#7 SKY TEAM BUILDING



AGE RANGE: AGES 9+

HALF DAY ACTIVITIES:

- High all aboard
- Jacobs ladder
- Incline
- Rock Wall
- Crystal Maze

Outdoor adventures on land, sea & sky make learning fun. We utilise the outdoors to deliver learning experiences. This refreshing approach to education allows students to develop new skills, enjoy a sense of personal achievement and enhance relationships with fellow students, all whilst enjoying the beautiful outdoors.

Day Trips 9.30am – 5.00pm includes a full action packed day with the choice of activities on Land, Sea OR Sky. Hot Lunch is Included.



TEAM DEVELOPMENT AND PERSONAL PROGRAMMES

Suitable for Older Year Groups. Aimed at increasing self confidence, initiative, communication and team coordination. We offer a variety of fun and challenging team orientated activities, each designed to enhance the development of team skills. Students are encouraged to plan, build, trust and communicate with each other in order to overcome obstacles.

CONFIDENCE COMMUNICATION INITIATIVE



GAISCE THE PRESIDENT'S AWARD

This is Ireland's National Challenge Award, the country's most prestigious and respected individual award programme, and a challenge from the President of Ireland to young people between 15-25. With three different levels - Bronze, Silver and Gold - We can provide a suitable programme to comply with the Award and help you along the way.

AWARD

ACTIVITY SITES

LAND

Discover our Woodland site on the slopes of Slieve Foye, with activities for all ages and abilities.



SEA

Experience our water activities on Carlingford Lough with fun adventures and team activities.

SKY

Enjoy Skypark - Ireland's largest Adventure Playground, for big and little kids.



WOODLAND



Archery

TARGET SPORTS

We offer fun and engaging lessons on Archery, Axe Throwing, and Spear Throwing! Our expert instructors will teach you everything you need to know from proper safety techniques to powerful throwing techniques. Best of all, you'll get to practice your new skills in our safe and spacious outdoor facility.



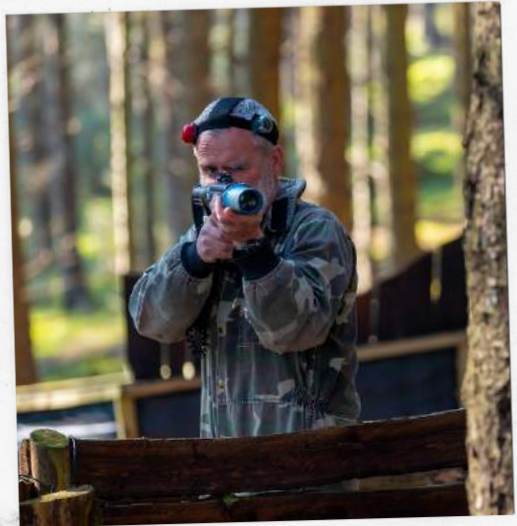
Axe Throwing



Spear Throwing

LASER COMBAT

Laser Tag is our most popular exercise for girls, boys and adults – perfect as an exciting and challenging activity!



ROCK CLIMBING

In Carlingford Adventure Centre we have the largest privately owned natural rock climbing wall in Ireland, perfect for wall climbing!

GAISCE AWARDS

The stunning scenery of the Cooley Peninsula is the perfect location to help inspire young adults to set and surpass new goals.



SEA SPORTS

STAND UP PADDLEBOARD

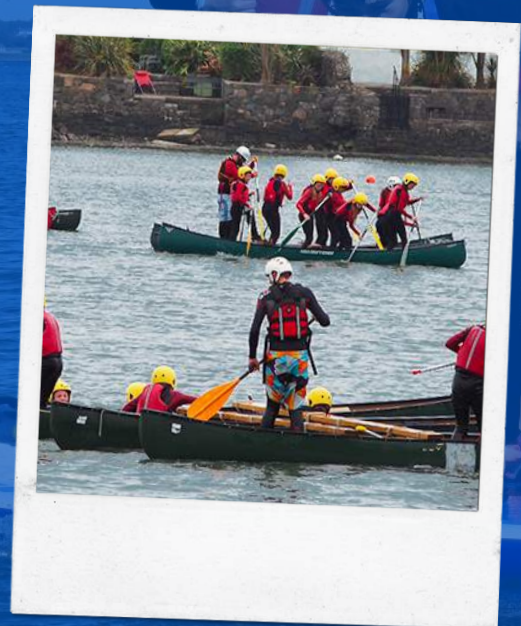
Stand Up Paddleboarding (SUP) is fast becoming one of the most popular activities and now we've add more fun! These boards are perfect for groups or families, and they provide a great workout. You're sure to have a great time paddling in our calm waters!

** We have Giant SUP's to play on as well*



CANOEING

Paddle your way to local wildlife and discover the secret waterfall with this great team-building activity. We will coach your group to paddle as a team, steer and cover distance at speed. It's a positive learning experience for kids and adults.



**SAFETY IS
OUR NO. 1
PRIORITY.**

We are dedicated to ensuring that you have great fun in a safe environment. Your instructor and our fleet of safety boats are on hand at all times to guide and support you through fantastic activities.

RAFT BUILDING

Come test your teamwork skills with our Raft Build Challenge! We'll teach you how to tie knots and build a raft that can withstand the competition.



KAYAKING

Kayaking is a great all round activity for a rainy day... or a sunny one! It's time to paddle.

Groups get to explore Carlingford Lough and may get to discover the secret waterfall!

WATER TRAMPOLINE

Our Inflatable Water Trampoline is guaranteed to please! A big favorite and one of the most fun activities on the water alongside pier and pontoon jumping. They introduce a fun activity element into our water activity and other water sports.

*Only available as part of water activity bookings
**Weather and tide permitting



SKYPARK

OUTDOOR ADVENTURES



AERIAL ADVENTURE

Test yourself on different challenges including cargo nets, skateboards, giant log swings, monkey bars and of course ziplines! With courses ranging in height from 6ft to 40ft there is a course for everyone and plenty of zip wires.

SKYPARK JUNIOR

Fine for any age but ideally suited to 5 – 8 year olds, SKYPARK Junior offers the same SKYPARK experience just at a lower height for younger kids.



ROCK WALL

Whether it's the challenge of scaling to the top or the thrill of the descent, the Rock Wall is one of the most popular attractions. Test your limits on this fun and challenging activity. It's hit with visitors of all ages.



IRELAND'S ANCIENT EAST MAZE

Ireland's Ancient East Maze is the largest Wooden Maze in Ireland! The 776m² wooden panel maze at SkyPark is designed to get you lost! With towers, bridges and interchangeable gates, no visit to will be the same.

ARCHERY COMBAT

Archery Combat is like archery on adrenaline! It's an exciting team combat game that allows players all the excitement of Dodgeball but using specially made bows and arrows.



CHECK OUT OTHER SKYPARK ACTIVITIES:

- Archery
- Axe Throwing
- Mini Golf
- Croquet
- Foot Golf
- Bungee Trampoline
- 3D Maze
- Spider Mountain
- Frisbee Disc Golf
- Express Train
- Quazer
- Paddle Boat
- Monster Croquet
- Team Development High Ropes

EVENING ACTIVITIES

CAMPFIRE



Outside either up in the forest or at SkyPark

NIGHTLINE



Outside either up in the forest or at SkyPark

NIGHT HIKE



Outside

CARLINGFORD CHALLENGE



Inside, series of mini team challenges

CIRCUS SKILLS



Inside or outside

ROCKET LAUNCH



Design and build inside, launch outside

EGG DROP



Design and build inside, launch outside

MINI OLYMPICS



Inside or outside

ALL OVERNIGHT PROGRAMMES

1

With over 30 years experience, we have listened to your feedback and packaged together the activities that work best for you. All overnight programmes include hot meals and accommodation.

2

We continuously strive to make your experience with us better and to deliver maximum fun and value for money. Our school activity bundles enable you to maximise the time spent doing activities and will make the day flow better for you and your students. Simply pick your most preferred activity bundle plus one back up option and we will do the rest.

3

If you are booking one of the water sport packages as part of a two day or longer stay, we recommend one water sport activity every two days.

ALL OVERNIGHT PROGRAMMES

4

Please provide us with a back up bundle option with all booking requests in case your first choice isn't available.

Not sure which activities to pick, why not let our activity specialists pick for you?

5

On your day of departure why not keep the fun going by adding evening activities or grab a quick lunch/dinner before you go to speed up the journey home?



SCHOOL PACKAGE ELEMENTS

**CARLINGFORD
ADVENTURE**
LAND SEA & SKY



ACCOMMODATION



HOSTEL STYLE ACCOMMODATION



FOR GROUPS

Carlingford Adventure Centre offer private group accommodation for your stay in Carlingford.

- **Comfortable En-suite Rooms:** These rooms feature bunk beds.
- **Ideal for small and large groups.** Great to get your group back to basics and relive some fun childhood memories!



SAMPLE ITINERARY

2D/1N ITINERARY

DAY 1, PACKAGE 2

* Arrive at Carlingford Adventure Centre 09:30

Time

AM
LUNCH
PM
DINNER
EVE

Activity

Kayaking
Carlingford Adventure Centre
Laser combat
Carlingford Adventure Centre
Nightline



DAY 2, PACKAGE 6

Time

AM
LUNCH
PM
DINNER
EVE

Activity

Archery Combat, Foot Golf, Ireland Ancient East Maze
SkyPark
Sky Aerial Course
SkyPark
Depart from Skypark 18:00*



HOW IT WORKS

- Our bundles enable you to maximise the time spent doing activities and will make the day flow better for you and your students. Simply pick your most preferred package(s) plus one back up option and we will do the rest.
- If your package is with Carlingford Adventure, you will arrive, have a hot lunch and depart from the centre. If your package is in Skypark, you will arrive, have a hot lunch and depart from Skypark.
- If you are booking one of the water sport packages as part of a two day or longer stay, we recommend one water sport activity every two days.
- Please provide us with a back up package option in case your first choices aren't available.
- If you are planning a day trip, why not keep the fun going by adding evening activities & dinner at Skypark



WEEKLY MENU

OUR IN HOUSE CHEFS PREPARE DELICIOUS FRESH HOMEMADE MEALS DAILY.

Our in house chefs prepare delicious fresh homemade meals daily. We can cater for special requests with vegetarian, vegan & gluten free options available. We have various meal options for breakfast, lunch and dinner, you can just pick your preference.

SAMPLE LUNCH MENU

DAY	FOOD
MONDAY	Sausages & Chips
TUESDAY	Chicken Goujons & Chips
WEDNESDAY	Sausage rolls & Chips
THURSDAY	Sausages & Chips
FRIDAY	Chicken Goujons & Chips



SAMPLE DINNER MENU

DAY	FOOD
MONDAY	Chicken Curry & Rice
TUESDAY	Pasta Bolognese & Garlic Bread
WEDNESDAY	Chicken Tikka Masala & Rice
THURSDAY	Chicken Tomato Pasta Bake
FRIDAY	Pasta Bolognese & Garlic Bread



WHAT TO BRING



Don't forget these items!



What to bring

- T-shirts, tracksuit tops, bottoms & socks – at least one change per day (jeans are not suitable), swimsuit; 2 pairs of runners (one old pair for water sports), torch (winter only), rain jacket, personal toiletries & towels, sunscreen, 2 plastic bags for storage of wet gear. A Refillable Water Bottle.
- For all residential clients, please bring sleeping bag & pillow. Sleeping packs provided at €5.00 per pack if required. ***MUST BE PRE-BOOKED***

Extra to bring for Gaisce

- Trousers, Hiking Boots, Small Rucksack, and an extra layer of Fleece



Valuables

Lockers are provided free of charge for cameras, wallets, mobile phones etc.

Please arrange at Reception. Group Leaders are responsible for Locker access.

Carlingford Adventure Centre cannot accept any responsibility for missing or damaged property.



HOW TO BOOK

If you have a date in mind contact us to check availability, once a date has been confirmed we can hold your spaces for 10 days, giving you time to get your deposit collected. A 40% Deposit is required to secure all bookings and full payment is required 4 weeks prior to arrival.

BEFORE YOU ARRIVE:

4 Weeks

- Full payment is required
- Activity preference (If activity preference is not given at this time we cannot guarantee your activities during our busy times)
- Group details, final numbers, boy/girl breakdown, no. of leaders (male/female)
- Medical, dietary and special requirements.

All cheques should be made payable to Carlingford Adventure Centre.

SCAN ME



Useful Information for Teachers:

1 TEACHER FREE WITH EVERY 10 STUDENTS

- Free Wi-Fi in all communal areas in the centre
- Complimentary Tea/Coffee
- Teachers' lounge available

Contact us now:

+353 (0) 42 93 73 100 |
info@carlingfordadventure.com



Book online:

www.carlingfordadventure.com

IRELAND'S NO.1 ACTIVITY CENTRE



Carlingford has the added benefit of being very easy to get to.

Just 1 hour from Dublin/Belfast, only 15 minutes from the M1 motorway (take Exit 18 for the Cooley Peninsula). We will make your visit as hassle-free as possible so that you are free to enjoy this wonderful medieval village!

SCAN ME



**CARLINGFORD
ADVENTURE**
LAND SEA & SKY 

SKYPARK
OUTDOOR ADVENTURES



Contact us now:

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info@carlingfordadventure.com



Book online:

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